

"FIND LUNG CANCER
EARLY AND YOU COULD
GET EXTRA TIME."

LUNG CANCER ISN'T WHAT IT USED TO BE.
FIND OUT MORE INSIDE.

NHS
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LUNG CANCER DOESN'T HAVE TO MEAN GAME OVER.

"I remember being told my parents had lung cancer. It's one of the scariest things you'll ever hear. But things are different now. These days, lung cancer doesn't have to be a death sentence. And finding it early could save your life."

Sir Alex Ferguson

THE EARLIER YOU GET CHECKED, THE MORE THAT CAN BE DONE.

These days, more people than ever in Scotland are surviving lung cancer, due to better treatments and people getting checked earlier.

But even if it can't be cured, a lot can be done to treat your symptoms, improve your quality of life and give you more time.



DON'T GET SCARED, GET CHECKED.

If you've had any of these symptoms for more than three weeks, don't ignore it. See your GP.

- **A cough that doesn't go away**
- **A cough you've had for a long time that gets worse or changes**
- **Feeling breathless for no reason**
- **A chest infection that doesn't clear up**
- **Coughing blood**
- **Unexplained weight loss**
- **Chest or shoulder pains**
- **Unexplained tiredness or lack of energy**
- **A hoarse voice**

If you're worried about your chest, breathing or a change in your cough, it's important that you see your GP as soon as possible.

DON'T GET SCARED, GET CHECKED.

getcheckedearly.org

For more information call NHS Inform on 0800 22 44 88.

Lines open 8am-10pm, 7 days a week.



Search 'Detect Cancer Early'



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